

May 5, 2025



## IMMIGRATION REMINDERS

### U.S. Immigration Status *versus* U.S. Visa Stamp

- ***U.S. Immigration Status for F-1 & J-1 Students***

U.S. Immigration Status documentation includes (1) [the I-94 Record](#) upon arrival to the U.S. *or* through a Change of Status to F-1 or J-1 Status AND (2) having a current I-20 (F-1 Student) or DS-2019 (J-1 Student/Exchange Visitor).

The I-94 Record is your 'registration' document that indicates you are present in the U.S. in either F-1 or J-1 status. The duration should be noted as 'D/S' which means you are permitted to remain in the U.S. per the duration of your I-20 or DS-2019, provided you are meeting the maintenance of status requirements for F-1 or J-1 student status.

Details on how to maintain status, see [F-1 & J-1 Requirements](#)

- ***Visa Stamp in Passport***

The F-1 or J-1 Visa Stamp (issued by the U.S. Consulate) that is inside your passport's (Canadian nationals, exempt) only function is to enter/reenter the U.S. from international travel. *The Visa Stamp can expire while being inside the U.S.*, but your U.S. Immigration Status can be maintained as outlined above.

## Alien Registration Requirement

Please review the [registration requirement](#) from the federal government.

Most International Students in F and J status are already registered in the system.

F or J dependents under a certain age may need to be registered.

# UPDATE RESIDENTIAL ADDRESS

## U.S. Address | Have You Moved?

The U.S. government requires that F-1 & J-1 students report any residential address change within 10 days of moving. If you've changed your residence address, it is time to update your [ISS Portal](#) with your U.S. Local Address. Please take a moment to log in

- Click on 'Personal Information'
- Click on 'U.S. Address (Update within 10 Days of Any Changes)'
  - Make any updates to your Local Address

Click 'Save' at the bottom of the page.

# WORKSHOPS

## OPT, CPT AND AT WORKSHOPS

Click below to RSVP for our OPT, CPT and AT workshops.

Workshop	Date & Time (PST)
STEM OPT Workshop	Monday, May 5th, 3:00 pm - 4:30pm <a href="#">Click here to register</a>
CPT Workshop	Wednesday, May 14th, 10:00 am - 11:00 am <a href="#">Click here to register</a>
OPT Workshop	Friday, May 23rd, 2:00 pm - 3:00pm

[Click here to register](#)

## UPCOMING ISS EVENTS

### Drop in hour with the Well:

Calling all international students! Stressed, anxious or just need someone to talk to? Drop in for a free, private chat with mental health clinicians. Enjoy FREE stress-relief activities, snacks, and welcoming conversation.

**Date: May 7th**

**Time: 12:00 pm - 2:00 pm**

**Location: HUB 260 & The Well**



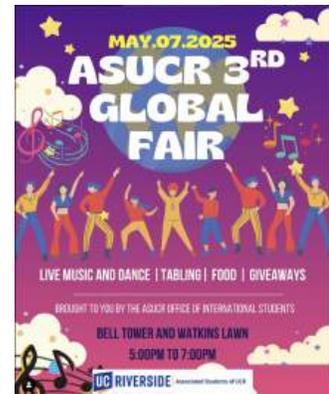
### ASUCR's 3rd Global fair:

Meet us at ASUCR's global fair and get to know about the events we hold for you along with delicious food, performances and live music. We will also have giveaway items for you! Do not miss out on this opportunity to get to know about the diverse student and departmental organizations on campus.

**Date: May 7th**

**Time: 5:00 pm - 7:00 pm**

**Location: Bell tower & Watkins lawn.**



# CAMPUS EVENTS

## Grad Time:

Grad Time is a series of wellness-focused gatherings designed to help graduate students relax, connect, and recharge. Enjoy free food, fun games, and complimentary massages while taking a well-deserved break from academic demands. [Click here](#) to register!

**Date: May 8th & May 29th**

**Time: 11:30 am to 1:00 Pm**

**Location: HUB 365 & HUB 269**



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## CARE Convo: Sticky Situations:

Navigating situationships & beyond

Situationships can get sticky! Let's chat about the ins and outs of relationships that can fall into "situationships" and how we can navigate them consensually and healthily. We'll follow the conversation with custom slime-making! To register [click here!](#)

**Date: May 8th**

**Time: 3:00 pm to 5:00 pm**

**Location: HUB 269**



# ISS FORMS AND GUIDES

Did you know that you can find essential forms, guides, and information about maintaining your status, travel, and employment on our website? [international.ucr.edu/students](http://international.ucr.edu/students)

- [Need a Form?](#)
  - Learn about [F and J requirements](#)
  - [Travel and Dependents](#)
  - [Employment and Taxes](#)
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## Contact Us

There are several ways you can reach our team. Our staff works Monday-Friday, from 8:00 AM - 5:00 PM (closed from 12:00 - 1:00 PM for lunch).

General Email: [internationalstudents@ucr.edu](mailto:internationalstudents@ucr.edu)

General Phone: (951) 827 - 4113

**Michael** Schmelzle, Director: [michael.schmelzle@ucr.edu](mailto:michael.schmelzle@ucr.edu)

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**Lauren** Bracamontes, Program Coordinator: [lbracamo@ucr.edu](mailto:lbracamo@ucr.edu)

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## Thank you from all of us in International Affairs!

As a reminder, the International Student News is an email for international students sent monthly. You will find important information from our office, such as:

- notices from the U.S. government
- reminders to ensure that you stay in status
- UCR campus updates and cultural event information

**Please read the newsletter carefully. If you have any questions, please email our office at [internationalstudents@ucr.edu](mailto:internationalstudents@ucr.edu).**