

## **J-1 Regulatory Acknowledgement**

### **Mandatory Arrival Orientation**

You are required to attend an orientation sponsored by the International Students and Scholars Office. Please contact a Responsible Officer (RO) or an Alternate Responsible Officer (ARO) at the International Students and Scholars office for information.

### **Extension of Stay**

Students in J-1 status are allowed to stay in the United States as long as they are pursuing a full course of study and are making progress towards the completion of their academic program. In addition, they may participate in “academic training” after completion of the academic program. To maintain valid status, students must keep their DS-2019 Form valid at all times. Students should contact the RO or ARO in the International Students and Scholars Office to inquire about academic training procedures and to apply for an extension before their current DS-2019 Form expires.

### **Change of Category**

Changing your J-1 visa category on your DS-2019 is very difficult and not permitted in most cases.

### **Employment**

You may engage in two kinds of employment

- On-campus employment
- Academic training related to your course of study

**In all cases, permission for employment is required in advance.** Please consult with the RO or an ARO in the International Students & Scholars Office.

### **Health Insurance**

You and your dependent(s) are required to have insurance coverage for sickness or accident during the period of time that you participate in an exchange program. Minimum coverage shall provide:

- Medical coverage of at least \$100,000 per accident or illness
- Deductible not to exceed \$500 per accident or illness
- Medical evacuation expenses in the amount of \$50,000
- Repatriation of remains in the amount of \$25,000

**Failure to maintain medical insurance coverage for you and your dependents will be cause for termination of your program.**

## Dependent Reporting Requirements

You must report the arrival of your dependent(s) in the U.S. If your dependent(s) will leave the U.S. or apply for a change of status, you must report this information in advance of the departure or submission of a change of status application.

## Two-Year Residence Requirement

You may be subject to the two-year residence requirement as established in Section 212(e) of the United States Immigration and Nationality Act, as amended. The visa officer in the U.S. The Embassy or Consulate, the Department of State and the Department of Homeland Security will determine whether or not you are subject to this requirement. In most cases, the decision is based on either the source of your funding (government or international organization) and/or your field of research. The regulations state that if you are subject to this requirement, you are not eligible to change your status to H-1B or F-1, or to adjust to immigrant (permanent resident) status until it is established that you have resided and been physically present in the country of your nationality or your last residence for an aggregate of at least two years following departure from the United States.

Please note: this regulation does **not** restrict subsequent travel to the United States in any **nonimmigrant** status after completion of your exchange visitor program.

**I certify that I have read and that I understand the information above.**

**I am in compliance with the insurance requirement for exchange visitors. I have obtained or will obtain the appropriate insurance coverage as indicated above and will maintain the required insurance throughout my stay in the U.S. as an exchange visitor.**

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Signature

Date

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Printed Name

Student ID Number

Please keep one copy of this statement for your records; sign and return the other one to: [internationalstudents@ucr.edu](mailto:internationalstudents@ucr.edu)